

Weather Trivia for November

- More than six inches of snow fell in Tucson, Arizona, on November 16, 1958.
- On November 18, 1929, a magnitude 7.2 earthquake occurred on the Grand Banks of Newfoundland. Known as the South Shore Disaster, the earthquake and subsequent tsunami killed at least 28 people.
- On Thanksgiving Day 1987, a snowstorm hit New England. Snowfall totals reached up to 20 inches!
- On November 23, 1909, Rattlesnake Creek in Idaho was deluged with a state record 7.17 inches of rain in 24 hours.
- The temperature in Tallahassee, Florida, dipped to 23 degrees on November 26, 1970.
- On November 27, 1883, fire engines were called out in New York City. However, there was no fire - just the afterglow of the sunset affected by ash in the atmosphere from the eruption of Indonesia’s Krakatoa volcano three months earlier.

What’s Lucky in November?

- Lucky Color: Vermilion
Lucky Animal: Wolf
Lucky Letters: C and U
Lucky Day: Tuesday
Lucky Plant: Celosia



Celebrate Snail Mail

November 15th is I Loved to Write Day. The first postage stamp, issued in Great Britain in 1840, was the One Penny Black. It cost - you guessed it - one penny. By the 1860s, over 70 countries had created their own stamps.

November Birthdays

Resident Birthdays

- Rocky W - November 4th
Julia G - November 5th
Janet C - November 8th
Sally S - November 11th
Janice B - November 12th
Barb S - November 18th
Philip C - November 27th
Nany A - November 29th

Others You May Know. . .

- John Philip Sousa (conductor) - Nov. 6, 1854
Marie Curie (chemist- Nov. 7, 1867
Petula Clark (singer) - Nov. 15, 1932
Mickey Mouse (cartoon) - Nov. 18, 1928
Tina Turner (singer) - Nov. 26, 1939
Jimi Hendrix (musician) - Nov. 27, 1942



Birthstone: Topaz

Birth Flower:
Chrysanthemum

Astrology

Those born between November 1–21 are Scorpions. Scorpions are passionate and assertive leaders who value honesty and fairness above all. Betray a Scorpio and suffer the scorpion sting, but befriend a Scorpio, and you will have a friend for life. Those born between November 22–30 are Archers of Sagittarius. Confident and lucky, Archers often find success. Their infectious enthusiasm attracts friends to help them achieve their ambitious and lofty goals.

The Pines Times

Mount Royal Pines III | 50 East Saint Marie Street Duluth MN 55803 | 218-724-5500 |



Celebrating November

Memoir Writing Month

Diabetes Month

Inspirational Role Models
Month

Fill Our Staplers Day
November 2

Election Day
November 3

Dear Santa Letter Week
November 8 - 14

Go to an Art Museum Day
November 9

Veterans Day (U.S.) /
Remembrance Day (Canada)
November 11

Apple Cider Day
November 18

Gingerbread Cookie Day
November 21

Thanksgiving Day (U.S.)
November 26

New Employee Introductions!

Missy is our new Receptionist! She’ll be here Monday-Wednesday. “Hi! I’m Missy. I’m happy to be part of the Mount Royal Pines team and look forward to getting to know everyone. Outside of work, I enjoy exploring local hiking trails, playing games with my son, Andrew, and throwing frisbee for my dog, Olive.”



My name is Christine, I answer many variations of that name, Chris, Chrissie, Miss Chris etc. I was hired as an additional RN to aide Amy and Natalie. I have many years of experience as a nurse. It is a job I have loved and seen many changes. I retired from my job in May of this year(2026) I came to the conclusion, after a summer of playtime, that retirement was not for me. I have missed interacting with people. I look forward to meeting each one of you. I enjoy quilting, camping, and watching movies. One of my real joys is my bubble collection. I have several bubble wands as well as numerous bubble machines. I hope to meet you soon!

Culinary Corner

As we enter another season with our hearts and minds filled with the anticipation of the upcoming holidays and the food that fills our stomachs with warmth and comfort to gather around the tables and share stories of years gone by, we know that we have a lot to be grateful for and give thanks for the food we have and the friendships we have made along life’s journey.

As your culinary team works to bring you warm and wonderful meals to bring together all the excitement and joy of this time, we welcome your thoughts and ideas. We would love to hear about the meals you had growing up and some of your favorite desserts and stories that made the holidays special for you.

We know that this time of year can be challenging for many of you so please let us know as your culinary team how we can make every day a little more special. All of you make every one of our days special and fill our hearts with warmth and joy.

As your culinary team we commit to continuing to provide you with great service, excellent meals, with a clean and welcoming dining experience and a smile with every plate served. May your day be filled with blessings of joy, laughter and friendship always and may God bless every one of you.

With a grateful heart we thank you!!

Your culinary team

Dietary Director

David Andert

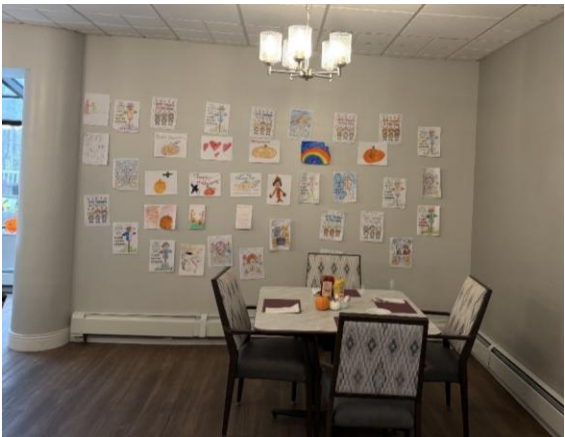
October in Photos



(Halloween Paper Suncatchers)



(Polka Music in the Dining Room)



(Holy Rosary students stopped by to sing and color with residents)

From The Director. . .

Dear Residents and Representatives,
As we move into the holiday season and spend more of our time indoors, keeping our community safe remains one of our highest priorities. We invite all residents to join us for our **Emergency Policy Review on Thursday, November 12, 2026, at 2:00 p.m.** in the **Dining Room**. This meeting is a great opportunity to refresh your understanding of our community’s emergency procedures and safety guidelines, ask questions, and learn about the resources available to help keep everyone safe and prepared. Your participation is important, and we hope you will join us for this informative discussion.

A Friendly Safety Reminder
With cooler temperatures arriving, we would also like to remind everyone that **space heaters are not permitted in our community**. While they may seem like a simple solution for extra warmth, space heaters can create serious fire and safety hazards.
If your apartment feels chilly or you have concerns about maintaining comfortable temperature, please let a member of our team know. We are always happy to help find safe and appropriate solutions to keep you comfortable.
Thank you for doing your part to make our community a safe, warm, and welcoming place for everyone. We look forward to seeing you on November 12th.

Warm Regards,

Melissa Whiteside

This Month in History. . .
November 1st: All Hallows Day, also known as All Saints Day, commemorating those who have no special feast day
November 1, 1848: The first medical school for women opened in Boston with just 12 students. In 1878 it merged with Boston University School of Medicine, becoming one of the first coed medical schools
November 4, 1922: King Tut’s tomb was discovered at Luxor Egypt by British archeologist Howard Carter
November 7, 1967: Carl Stokes became the first African American mayor in the US, elected in Cleveland OH
November 7, 1989: L. Douglas Wilder became the first African American governor in US history, elected governor of Virginia
November 11th: Veteran’s Day
November 11, 1992: The Church of England voted to allow women to become priests
November 13, 1956: The US Supreme Court ruled that racial segregation on public buses was unconstitutional
November 15, 1969: The largest antiwar protest in US History occurred as 250,000 persons gathered in Washington DC to protest the Vietnam War
November 19, 1863: President Abraham Lincoln delivered the Gettysburg Address during a ceremony dedicating 17 acres of the Gettyburg Battlefield as a National Cemetery
November 22, 1963: President John F. Kennedy, 35th President of the United States was assisanted in Dallas, TX.
November 29, 1947: Palestine was partitioned into Jewish and Arab land by UN General Assembly, resulting in the est. of the Jewish State of Israel the following year